

Mastering Sensual  
Massage  
Learning An Intimate  
Therapy For Love And  
Passion

# The Basics Of Sensual Massage

Sensual massage is all about rubbing, kneading, and sometimes even hitting the body in a variety of beneficial and pleasurable ways.

As such, there are quite a number of movements you will have to master. But of course, before you can master them, you will have to learn the basics, right? The mistake that a good number of people make is that they tend to believe that anyone can give someone a massage.

While massage is something instinctive, as we have previously discussed, it is by no means a feat that should be taken for granted. Your instinct will lead you to the right places, but not to the right spots. Your instinct will let you know how much pressure to apply, but never the motion that should be practiced.

These are things that only a deeper study of the discipline will reveal. They are not techniques you just pick up. They are techniques that you should commit yourself to learn.

And with sensual massage, where a more intimate connection between the participants is required, a good grasp of the basics will go a long, long way in pleasing your partner.

In this chapter, we're going to discuss the things that you must know before advancing to the finer points of sensual massage. Illustrations are provided, and if you wish, you can practice the fundamentals you will learn in the following pages on a semi-firm pillow that could represent a particular portion of the human body.